

Adverbs of frequency

1 Add the adverb in the right place.

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| <p>1 I drink coffee in the morning. (always)
I _____ coffee in the morning.</p> <p>3 We eat out on Fridays. (usually)
We _____ out on Fridays.</p> <p>5 He watches TV. (never)
He _____ TV.</p> <p>7 They are tired after the gym. (always)
They _____ tired after the gym.</p> <p>9 I don't cook on weekends. (usually)
I _____ on weekends.</p> <p>11 I have been to Spain. (never)
I _____ to Spain.</p> | <p>2 She is late for work. (often)
She _____ late for work.</p> <p>4 My boss is in a good mood. (rarely)
My boss _____ in a good mood.</p> <p>6 I work from home. (sometimes)
I _____ from home.</p> <p>8 My kids go to bed before nine. (rarely)
My kids _____ to bed before nine.</p> <p>10 You can call me. (always)
You _____ me.</p> <p>12 Is your boss this busy? (always)
Is your boss _____ this busy?</p> |
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2 Write how often in English.

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|--|--|
| <p>1 I call my parents _____ (raz w tygodniu).</p> <p>3 We go on vacation _____ (raz w roku).</p> <p>5 Take this medicine _____ (trzy razy dziennie).</p> <p>7 He gets paid _____ (co dwa tygodnie).</p> | <p>2 I go to the gym _____ (dwa razy w tygodniu).</p> <p>4 She checks her email _____ (codziennie).</p> <p>6 We see our cousins _____ (dwa razy w roku).</p> <p>8 I water the plants _____ (co tydzień).</p> |
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3 Circle the correct word.

- | | |
|--|---|
| <p>1 I _____ eat meat. I'm a vegetarian.
always / often / never</p> <p>3 I _____ drink coffee. Maybe once a month.
usually / rarely / always</p> | <p>2 He's _____ late. He's never on time.
always / rarely / never</p> <p>4 My sister lives next door, so I see her very _____.
never / often / rarely</p> |
|--|---|

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3 Circle the correct word.

- 5 How _____ do you go to the dentist?
often / much / many
- 6 I go running three _____ a week.
time / once / times
- 7 I _____ walk to work, but when it rains, I
take the bus. usually / never / rarely
- 8 I see my grandparents _____ a month.
one / once / first

4 Choose the correct sentence.

- 1 a) I go always to the gym after work.
b) I always go to the gym after work.
c) Always I go to the gym after work.
- 2 a) She is never late.
b) She never late.
c) She is late never.
- 3 a) I don't never eat breakfast.
b) I never don't eat breakfast.
c) I never eat breakfast.
- 4 a) Do you usually work on Saturdays?
b) Do usually you work on Saturdays?
c) Usually do you work on Saturdays?
- 5 a) I go to the gym two times in a week.
b) I go to the gym twice in week.
c) I go to the gym twice a week.
- 6 a) We have often pizza on Fridays.
b) We often have pizza on Fridays.
c) We often has pizza on Fridays.
- 7 a) How often you go to the movies?
b) How often are you go to the movies?
c) How often do you go to the movies?

5 Put the words in order.

- 1 always / up / get / at / I / seven / .

- 2 is / never / boss / my / happy / .

- 3 often / the / to / you / go / gym / how / do / ?

- 4 often / from / I / home / work / .

- 5 rarely / out / we / eat / .

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5 Put the words in order.

6 twice / I / a / week / my / call / mom / .

7 busy / are / always / you / this / ?

8 York / never / New / I / have / to / been / .

6 Find and correct the mistake in each sentence.

1 She always is late for meetings.

2 I don't never eat fast food.

3 How much do you go swimming?

4 I see my dentist once the year.

5 We usually are at home on Sundays.

6 He watches TV every days.

7 I go jogging three time a week.

8 My kids always are hungry after school.

Adverbs of frequency

YOUR LIFE

7 Write about your habits.

I ALWAYS / USUALLY...

I RARELY / NEVER...
